



## POST COVID-19 LONG HAUL PANEL

New interim guidance from the CDC recommends patients with post-COVID-19 conditions, such as long-haul COVID, be guided by a physical exam and **laboratory testing**.

### Post Covid-19 Long Haul Panel. Test Code - 930000

|                        |  |
|------------------------|--|
| CBC                    | TSH                                      |
| Basic Metabolic Panel  | T4                                       |
| Hepatic Function Panel | C-Reactive Protein (CRP)                 |
| Ferritin               | Vitamin D, 25 Hydroxy, Total Immunoassay |
| UA, Complete           | Vitamin B12                              |

Other recommended testing not included in this panel, ANA Screen, Rheumatoid Factor, CK Total, D-Dimer

### Commonly reported long-haul symptoms include.

|                        |                      |  |
|------------------------|----------------------|--|
| Tiredness/fatigue      | Joint or muscle pain | Difficulty breathing/shortness of breath |
| Brain fog              |                      | Hair loss                                |
| Headache               |                      | Heart palpitations                       |
| Depression/Anxiety     |                      | Sleep Disturbance                        |
| Loss of smell or taste |                      | PTSD                                     |

**Long-haul is more common in females than males**

\*CDC. Assessment and testing. Evaluating and caring for patients with post-COVID conditions: interim guidance. Updated June 14, 2021. Accessed August 5, 2021. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-care/post-covid-assessment-testing.html>